# HARMONY®XL

Multi-Technology Platform for Medical Aesthetics



Skin Rejuvenation

Hair Removal

Pigmented Lesions

Nail Fungus

Scars

Melasma

And over 65 other FDA cleared indications





#### HARMONY®XL

Harmony<sup>XL</sup> is the world's most sold multi-application platform for aesthetic treatments. Offering 13 distinct laser, light and ultrasound technologies and 28 different handpiece modules, Harmony<sup>XL</sup> is the most comprehensive aesthetic platform for dermatologists and aesthetic practitioners available today.

## **Upgradeable and Expandable Platform**

The modular design of the Harmony<sup>XL</sup> provides multiple distinct aesthetic solutions all built into one compact unit. With Harmony<sup>XL</sup>, purchase only the handpieces you require and add new technologies when you wish to offer your patients a wider variety of treatments.

Harmony<sup>XL</sup> gives you the flexibility to treat the widest variety of patient-requested procedures using its array of different handpieces.



iPixel<sup>Er</sup>



Alex 755



ClearLift - Fractional Non-Ablative 1064nm Q-Switched



Nd:YAG for onymychosis

## Lasers

The Harmony<sup>XL</sup> supports 4 distinct laser types including Erbium, Nd:YAG, Q-Switched Nd:YAG and the Alexandrite.

**Er:YAG 2940** – The Erbium laser includes the powerful iPixel module, a 7X1 pixel roller that allows for fast and high-powered fractional ablation for skin rejuvenation.

Nd:YAG 1064 & 1320 – Available in both cooled and non-cooled modules, the long-pulsed Nd:YAG laser is an exceptionally powerful tool for the treatment of deep vascular pigmentation and nail fungus (onychomycosis).

Q-Switched Nd:YAG 1064/532 – Available in High Power, the ClearLift Q-Switched laser is for the non-invasive removal of various colored tattoos, as well as deep and superficial benign pigmented lesions. When used with the 5X5 pixel tip, Harmony<sup>XL</sup> offers the world's only fractional, non-ablative and virtually painless solution for collagen remodeling.

**Alex 755** – A laser module for hair reduction and benign pigmented lesions.

Module	<b>Appl</b> ications	PW / Mode	Spot Size	
ClearLift 1064 / 532nm KTP	Tattoo removal	20 nsec	1, 2, 3, 4, 5, 6 mm 5 x 5 Pixel	
	Deep pigmented lesions		3 mm (KTP)	
Long Pulsed Cooled & Non- Cooled Nd:YAG / HP Nd:YAG 1064nm	Vascular lesions			
	Leg veins	12, 15, 45, msec	2, 6, 10 mm	
	Hair removal 15, 45, 60 msec		2, 6, 10 111111	
	Nail fungus			
Nd:YAG/ Cooled Nd:YAG 1320nm	Wrinkles and acne scars	30, 40, 50 msec	6 mm, 5X5 Pixel	
Er:YAG /			7 x 7, 9 X 9 Pixels	
Er:YAG Pixel Pro (2940nm)	Fractional ablative skin resurfacing	Short, Medium, Long	1, 4 mm	
iPixel <sup>Er</sup> 2940nm	·		7 x 1 Pixels (roller)	
Alex 755nm *	Hair removal	NA	5, 8 mm	

<sup>\*</sup> Not available in EU and Canada



# Ultrasound and Light IMPACT IMPACT is an ultrasound sonotr developed specifically for the i

IMPACT is an ultrasound sonotrode that emits acoustic waves and air pressure. IMPACT was developed specifically for the iTED procedure, a novel method of trans-epidermal delivery that more effectively treats stretch marks, melasma, scars and skin rejuvenation by advancing active agents to the deeper layers of the skin.

#### **Near Infrared**

The NIR module emits near infrared energy for the temporary relief and relaxation of minor muscle and joint pain. The light of the NIR has been found effective as a temporary solution for skin tightening.

### **LED**

Alma Lasers LED module incorporates an array of yellow light emitting diodes which have multiple clinical benefits.

#### **Pulsed UV**

The UV module has an ultraviolet high-power targeted phototherapy module which uses spectral irradiance to restore pigment while avoiding exposure to healthy skin.

Module	Applications	Technology	Wavelength [nm]	Pulse Width [msec]	Spot Size [cm²]	Pulse Repetition Rate [Hz]	Energy Density [J/cm²]
High Power UV	Pigment restoration	Pulsed UV	300 – 380	30, 40, 50	6.4	1/2	2,000 – 5,000 mJ/ cm <sup>2</sup>
NIR	Muscles and joints pain relief	Pulsed NIR	NIR	N/A	18 6.4	N/A	5 – 25
LED	Various skin conditions	LED	Yellow	Pulsed / CW	N/A	N/A	N/A
IMPACT	Trans- epidermal delivery	Ultrasound Sonotrode	NA	NA	NA	NA	NA







Dye-VL

View the Dye-PL Movie





AFT SHR



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# Advanced Flourescense Technology

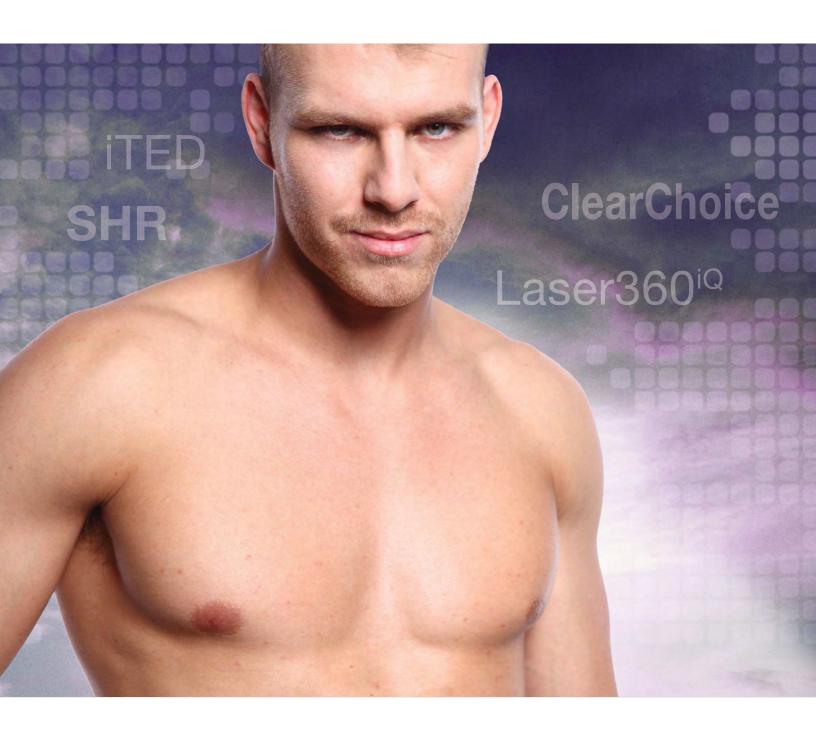
Alma Lasers AFT, an advanced IPL technology, obtains better clinical results, produces only mild discomfort and has a longer product lifespan than traditional IPL devices with its high-powered filter that more efficiently disperses the energy outflow.

The Harmony<sup>XL</sup> also supports the new dual-filter **Dye-PL** series of precise treatment modules. The Dye-VL for vascular lesions and onychomycosis has a 500-600nm wavelength, while the Dye-SR has a 550-650nm wavelength for skin rejuvenation. By cutting out the higher wavelengths, Dye-PL offers a highly efficacious treatment while minimizing the risk of potential side effects.

## **AFT Pulse Shape**

AFT technology enables continuous square-shaped pulsing with moderate peak power throughout the entire pulse, for efficacious, safe results. The fluence of an AFT pulse is equally distributed, delivering optimal energy within a short, continuous pulse duration.

Module	Applications	Wavelength [nm]	Pulse Width [msec]	Spot Size [cm²]	Pulse Repetition Rate [Hz]	Energy Density [J/cm²]
Acne Pro Acne clearance	420 <b>–</b> 950	S-Acne: 1, 3, 30 sec.	6.4	S-Acne: 10 Hz	S-Acne: 0.3 – 1.2 J/cm <sup>2</sup>	
	, torre disarance	120 000	Acne: 30,40,50		Acne: 1 / 2	Acne: 5 – 25
Dye-VL	Dye-VL Onychomycosis and	F00 000	Dye-VL: 10, 12, 15	1	Dye-VL: 1	Dye-VL: Up to 15
Pro vascular & pigmented lesions	500 – 600	Dye-SVL: 30 sec.	3	Dye-SVL: 3	Dye-SVL: 1 – 4	
VL/PL	Vascular and pigmented lesions	540 – 950	10, 12, 15	3	2/3	5 – 30
Dye-SR Vascular and pigmented Pro lesions	550 – 650	Dye-SR: 10, 12, 15	3	Dye-SR: 3	Dye-SR: 1 – 4	
		Dye-SSR: 30 sec.		Dye-SSR: 1	Dye-SSR: Up to 15	
SHR Pro	Super hair removal	NIR	SHR: 8	5	SHR: 3	SHR: 1 – 7
			HR: 30,40,50		HR: 1 / 2	HR: 5 – 20
SST	Scar revision and treatment of striae	NIR	4 msec	3	5	1 – 3.5



# Multi-Treatment Capabilities

With the Harmony<sup>XL</sup>, you can treat nearly every skin condition, many of which with an option of different handpieces and technologies - affording you absolute control over the treatment parameters that will work best for each patient.

#### Laser360iQ

In certain instances, combining multiple technologies during treatment will lead to significantly enhanced treatment results. Use our preset Laser360<sup>iQ</sup> protocol that combines two lasers, AFT and NIR for effective and long-lasting skin rejuvenation.

#### **ClearChoice**

The ClearChoice treatment for Onchomycosis (nail fungus) has been found to be particularly effective when combining the Q-Switched 1064/532 with an Nd:YAG.

#### **iTED**

iTED is a minimally invasive skin barrier breakthrough solution that offers unprecedented potential for skin repair and aesthetic enhancement. It is the synergy of three distinct technologies, brought together to provide patients with a quick, easy and virtually pain-free answer to their most difficult skin problems.

iTED begins with microperforation of the skin using the iPixel<sup>Er</sup>, followed by the application of ProfoundPixel topical compounds. The IMPACT module then emits acoustic pressure that forces the ProfoundPixel to the sub-epidermal tissue for effective skin repair and improvement.

#### **Over 65 FDA Cleared Treatments**

Acne vulgaris
Actinic chelitis
Atrophic acne scars
Angiomas and spider angiomas
Atopic dermatitis

Back acne
Becker's nevi
Café-au-lait macules
Cavernous hemangiomas

Cavernous hemangiomas
Cherry hemangiomas
Chloasma

Cutaneous lesions
Debulking benign tumors

Debulking cysts

Deep and superficial telangiectasias

Dyschromia

Elevating and/or maintaining tissue temperature

Ephelides (freckles)

Epidermal nevi Erythema of rosacea

Facial, truncal and leg telangiectasias

Fine lines and wrinkles

Hair removal on all skin types, including tanned skin

Hemangiomas
Hyperpigmentation

Increased blood flow, relaxation of muscle and relief of pain

Keloids Keratoses Leg veins

Lentigines (senile and solar)

Lentigos

Leukoderma, including vitiligo

Melasma Nevi Nevus of Ota Nevus spilus
Onychomycosis
Perioral wrinkles
Periorbital wrinkles
Permanent hair reduction
Pigmented lesions
Poikiloderma of Civatte

Plaques

Pseudofolliculitis barbae Psoriasis treatment Port wine stains

Reduction in red pigmentation in hypertrophic and keloid scars Reticular veins Rosacea

Scars
Seborrheic dermatitis
Seborrheic keratoses
Skin resurfacing

Skin tags Solar lentigos Spider hemangiomas Spider nevi Spider veins

Striae Superficial skin lesions

Surgical incision/excision, vaporization, ablation and coagulation of soft tissue Tattoo removal: black, blue, green Tattoo removal: light blue, yellow, red

Telangiectasias
Vascular lesions
Venous lake
Venous malformation
Verrucae
Warts

# Clinical Results



**Before** After AFT 420 Acne Photos courtesy: Elizabeth VanderVeer, MD



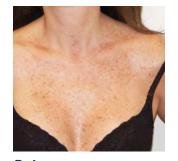
**AFT 540 VP** 





After

**Before** After Photos courtesy: Elizabeth VanderVeer, MD



Before **AFT 570 SR** Photos courtesy: Fernando Stengel, MD



After



**Before SHR** Photos courtesy: Mira Volvovsky, MD



Long-pulse Nd:YAG 1064



After



Before After ClearLift QS Nd:YAG 1064 Photos courtesy: Fernando Urdiales Gálvez, MD



Photos courtesy: Nilda Barman MD, Salvador Abdo, MD



Before **IMPACT** for Acne Scars

Photos courtesy: Maria Claudia Issa, MD, PhD



After



After Before



**IMPACT for Scars** Photos courtesy: Tania Meneghel, MD, Dermatologist

## Clinical Studies

The Harmony<sup>XL</sup> has been the subject of numerous clinical studies, multiple peer reviewed articles and dozens of white papers dealing with the cutting edge of medical and aesthetic applications by the world's leading dermatologists.

# **Fractional Non-Ablative Skin Resurfacing**

A study conducted in 2011 by dermatologists in Australia and Canada showed how the High-Powered Q-Switched Fractional Non-Ablative laser offers an effective, painless and comfortable procedure that doesn't require pre-treatment or post-treatment care. The treatment is very safe for all Fitzpatrick skin types (I-VI).

## **Nail Fungus**

A white paper discusses how the use of a dual-layer treatment including the ClearLift Q-Switched 1064/532 KTP and the Nd:YAG 1064 on the Harmony<sup>XL</sup> platorm are a safe and effective modality for the treatment of onychomicosis.

# **Advanced Flourecense Technology**

A peer reviewed study comparing IPL to Alma Lasers AFT, a unique type of IPL, found that the two technologies appear to provide similar efficacy and safety in the nonablative treatment of telangiectasia, erythema, lentigines, dyspigmentation, and reduced skin quality secondary to photoaging.

#### **iTED**

A multi-site clinical study using iTED's combined fractional ablation and IMPACT sonotrode technology has proven itself as a highly effective treatment for stretch marks, scars and skin whitening and melasma for all parts of the body.

#### SHR

A white paper demonstrated how SHR hair removal with AFT on the Harmony<sup>XL</sup> platform is an effective method of hair removal that results in less discomfort to the patient. SHR is also mentioned as a safe method of hair removal for all skin types.

# Listen to the Experts



Irv Wiesman, MD
Board Certified Plastic Surgeon, Chicago, IL

"The Harmony<sup>XL</sup> has been an invaluable addition to my practice. Its multiplatform technology allows me to treat a wide array of skin and body issues in my medical spa. My practice consists of approximately 80% aesthetics and the Harmony<sup>XL</sup> was more than worth the investment!"



Sam Most, MD Board Certified Facial Plastic Surgeon, Stanford, CA

"The Harmony<sup>XL</sup> system has given me the ability to provide safe, effective care to patients with multiple needs from a single platform. The combination of fractionated erbium laser (Pixel) and Advanced Fluence Technology (AFT) has, in particular, been beneficial to my patients."



Seema Patel, MD, MPH
Board Certified in Family Medicine, Admore, PA

"I love the Harmony<sup>XL</sup> and the versatility it can provide. It can be used on all skin types with excellent results. It is very well tolerated and allows you to offer various services with only one laser! It is well priced and works very well. I have had it for several years and use it daily with no complications with the system, contrary to other lasers I have worked with in the past."



Janice Lima-Maribona, DO
Board Certified Dermatologist, Miami, FL

"Alma Lasers has provided endless combination treatments in my practice. The versatility of the product has allowed for all skin types to enjoy the benefits of laser and light rejuvenation. Alma offers cutting edge technology as well as extensive marketing support which has helped promote my practice in a very competitive environment in Miami. Alma is a solid company to have a business partnership with."



KeeLee Tan, MD Cosmetic Physician, Perth, Australia

"Laser360<sup>IQ</sup> is an advanced protocol for skin rejuvenation. Used with ClearLift, the first fractional, non-ablative Q-Switched laser and the fractional ablative iPixel<sup>Er</sup> laser, Laser360<sup>IQ</sup> is a simple to perform protocol that quickly and effectively turns back the clock on aged skin."



Maria Angelo-Khattar, PhD Director Aesthetica Clinic, Dubai

"iTED really helps you deliver what you promise to the patient.... IMPACT and Alma Lasers iTED concept are the future of skin repair."



Alma Lasers is the leading supplier of innovative medical aesthetic technologies. Alma Lasers is recognized by industry practitioners for its whole-hearted commitment to providing complete solutions to professional practices. Alma Lasers offers innovative technologies, dependable equipment, knowledgeable sales staff and years of industry expertise. We seek the creation of a strong and lasting relationship with our doctors and aesthetic clinics based on trust and a genuine desire for the success of the practice.



# **System Specifications**

**Electrical** 100-120 VAC, 20A, 50/60 Hz 220-240 VAC, 10A, 50/60 Hz

Weight Upper Unit - 15 Kg (33 lbs) Lower Unit - 45 Kg (100 lbs)

**Dimensions** 39 cm wide x 55 cm deep x 123 cm high (15.7" x 21.7" x 48.5")



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#### **US Headquarters**

485 Half Day Road Suite 100 Buffalo Grove, IL 60089 Tel +1-224-377-2000 Fax +1-224-377-2050 marketing@almalasers.com

#### International Headquarters

14 Halamish Street Caesarea Industrial Park Caesarea, Israel 38900 Tel+972-4-627-5357 Fax +972-4-627-5368 info@almalasers.com

#### Alma Lasers GmbH

Nordostpark 100-102 90411 Nürnberg, Germany Tel + 49 911 / 89 11 29-91 Fax + 49 911 / 89 11 29-99 info@alma-lasers.de www.alma-lasers.de